

# Foundations of Evidence-Based Practice (EBP) 2023 Workshops

Leadership Institute



University of California  
San Francisco



In partnership with the UCSF Leadership Institute, the KP Scholars Academy is excited to offer the Foundations of Evidence-Based Practice (EBP) Workshop for frontline care providers. This workshop series engages participants in an innovative educational experience focused on facilitating an evidence-based approach to critically appraising the evidence needed to implement a formal practice change.

The Foundations of EBP Workshop includes two seven-hour sessions as well as some pre-work and inter-workshop work. Following completion of the workshop, participants will be able to:

- Explain how **EBP plays an integral role in hospitals and health care systems**
- Identify the **seven steps of the EBP process**
- Apply the elements of a **PICO(T)** question as a tool to search for a body of evidence to answer a clinical question
- Develop basic and advanced search strategies to conduct a **systematic search**
- Distinguish between sources of evidence and how to utilize **bibliographic databases and point-of-care resources**
- Differentiate research designs of **quantitative and qualitative studies**
- Discover the process for **critically appraising a body of evidence**
- Construct evidence-based recommendations using **evaluation and synthesis tables**
- Examine the **differences between EBP, Quality Improvement (QI), and Research**

For questions about the Foundations of EBP Workshop, please contact [leadershipinstitute@ucsf.edu](mailto:leadershipinstitute@ucsf.edu) or [kpursescholars@kp.org](mailto:kpursescholars@kp.org)

Access our portals here  
<https://nursing.ucsf.edu/leadershipinstitute>  
<https://nursescholars.kaiserpermanente.org/>

## Workshop 1 & 2 Dates/Options

- **March 27 & 28 (applications due Feb 27<sup>th</sup>)**  
Redwood City Medical Center (1100 Veterans Blvd, Redwood City, CA)
- **May 9 & 22 (Virtual)**
- **July 10 & 11**  
KP Education Center (3214 Arden Way, Sacramento, CA)
- **September 12 & 26 (Virtual)**
- **October 3 & 17 (Virtual)**
- **November 14 & 15**  
Vallejo Medical Center (975 Sereno Drive, Vallejo, CA)

This program is limited to 24 participants per workshop. Please [register](#) and apply ASAP for the sessions you would like to attend. Application cycles close 6 weeks prior to workshop date.

- 1 The first workshop will focus on EBP steps 0-2 including **cultivating a culture of inquiry**, identifying the problem, and searching the literature.
- 2 The second workshop will focus on EBP step 3 by guiding participants through **critical appraisal of the evidence**, including identifying the levels of evidence and appraisal guidelines for both quantitative and qualitative research.

**Additional workshops in the future**, including an opportunity to participate in an EBP Fellowship Program, will be available to address the remaining three EBP steps including integration of the evidence, evaluating the practice change, and disseminating the results.



Apply/Register here or  
via QR Code

<https://app.smartsheet.com/b/form/ee3dad31810485f91134977e8739b74>