

# Healing Circles Facilitator Training

Help colleagues heal through  
community

Register for virtual training by Sept. 8

By harnessing the healing power of community, Healing Circles cultivate a sense of shared purpose and shared values, while establishing a safe construct for doing so.

## Who can participate?

Each Kaiser Permanente Northern California medical center may identify 2 participants to become Healing Circles facilitators. While facilitators are usually Kaiser Foundation clinical leaders, RNs, Caritas coaches, HeartMath trainers, chaplains, or Employee Assistance Program providers, all health care workers are welcome.

## How can I participate?

**Participants MUST complete all sessions for both Level 1 and Level 2 virtual training.** Please note: Participation is limited to 2 employees per medical center and must be approved by executive leadership.

## Sessions are being offered at the following times:

### Level 1

Learn to facilitate the Healing Circles process, principles, practices, and intentions in health care.

**Sept. 21, 27 and Oct. 5**  
9 – 11 a.m.

### Level 2

Practicum and mentorship: Deepening the practice. Develop confidence in planning and delivering engaging circles.

**Oct. 19 and 26**  
**Nov. 2, 9, 16, and 30**  
9 – 10:30 a.m.

## What is expected of participants?

As a member of our community of practice, you will be supported as you lead monthly Healing Circles within your local medical center.



**Scan to register for Healing Circles Facilitator Training**  
[Register by Sept 8](#)