



Northern California Kaiser  
Permanente  
Presents

# S.T.A.B.L.E Program

Program supported by Northern California Patient Care Services

## Two Class Offerings:

**July 28<sup>th</sup> 9-430pm**

1950 Franklin Street  
Oakland, CA

Conference Room 2C

**Max Space:** 35 RNs

**September 25<sup>th</sup> 9-430pm**

1950 Franklin Street  
Oakland, CA

Conference Room 2F

**Max Space:** 55 RNs

## Learning Objectives

- Describe the needs of the newborn through understanding of how they adapt to life upon birth, and prepare for resuscitating, stabilizing, and transporting sick or preterm infants from lower care to higher care facility if needed
- Identify the symptoms of failure to adapt to the new environment by utilizing the standard S.T.A.B.L.E Mnemonic
- Apply interventions to promote safety and clinical care as the newborn transitions to the new environment
- Demonstrate advanced assessment, intervention & communication skills to monitor and treat the transitioning newborn in a timely manner based on standards of care

**Course Description:** S.T.A.B.L.E. is the most widely distributed and implemented neonatal education program to focus exclusively on the post-resuscitation/pre-transport stabilization care of sick infants. Based on a mnemonic to optimize learning, retention and recall of information, S.T.A.B.L.E. stands for the **six assessment and care modules** in the program: **S**ugar, **T**emperature, **A**irway, **B**lood pressure, **L**ab work, and **E**motional support. A seventh module, Quality Improvement stresses the professional responsibility of improving and evaluating care provided to sick infants.

**Target Audience:** This program has been developed for the RN functioning within the Maternal Child Health space in Northern California.

This program will be facilitated by Stephanie Reggiardo & Tiffany Ward, Clinical Practice and Perinatal Professional Development Consultants for Northern California.

## Faculty:

**Starlynn Dris, MS, RNC-NIC, ACCNS-N**

Clinical Practice Consultant,

Patient Care Services, Maternal Child Health

**Adrienne McIntyre, MS, RNC-NIC, CNS**

Regional Director

Patient Care Services

Maternal Child Health

## Registration Process:

<https://na.eventscloud.com/757581>

Provider Continuing Education will be offered to all RN staff and certificate of completion provided to all others in attendance.

Provider approved by the California Board of Registered Nursing, Provider # 2365, for Contact Hours