



# Foundations of Evidence-Based Practice (EBP) Workshop

In partnership with the UCSF Leadership Institute, the KP Scholars Academy is excited to offer the Foundations of Evidence-Based Practice (EBP) Workshop for frontline care providers. This 3-day workshop engages participants in an innovative educational experience focused on facilitating an evidence-based approach to searching for and critically appraising a body of evidence.

The Foundations of EBP Workshop includes in-person sessions as well as some pre-work. Following completion of the workshop, participants will be able to:

- Explain how EBP plays an integral role in hospitals and health care systems.
- Examine the differences between EBP, Quality Improvement (QI), EBQI, and Research.
- Identify the seven steps of the EBP process.
- Apply the elements of a PICO(T) question as a tool to search for a body of evidence to answer a clinical question.
- Develop basic search strategies to conduct a systematic search.
- Distinguish between sources of evidence and how to utilize bibliographic databases.
- Differentiate research designs of quantitative and qualitative studies.
- Discover the process for critically appraising a body of evidence.
- Construct evidence-based recommendations through the use of evaluation and synthesis tables.

## 2024 Workshop Dates

- March 19-21 (KP Redwood City)
- July 9-11 (KP Modesto)
- November 12-14 (KP Santa Rosa)
- December 17-19 (UCSF, 2001 The Embarcadero, SF)

*The workshop will be held in-person at the location listed above from 9:00 AM - 3:30 PM on the days listed.*

This program is limited to 24 participants per workshop.

**Day 1:** Focuses on EBP steps 0-2 including cultivating a culture of inquiry, identifying the problem, and searching the literature.

**Day 2:** Focuses on EBP step 3, part 1 by guiding participants through critical appraisal of the evidence, including distinguishing between quantitative and qualitative research designs and its correlating levels of evidence.

**Day 3:** Focuses on EBP step 3, part 2 by evaluating the 3 criteria for assessing the quality of the evidence: validity, reliability, and applicability, in addition to the use of evaluation and synthesis tables.

## Apply Here

For questions about this program, please contact [leadershipinstitute@ucsf.edu](mailto:leadershipinstitute@ucsf.edu) or [kpnursescholars@kp.org](mailto:kpnursescholars@kp.org).

[nursingexcellence.ucsf.edu/ebp-programs](http://nursingexcellence.ucsf.edu/ebp-programs)