



Leading with Emotional Intelligence for Managers

Presented by KP Leadership University & Leadership Development and Learning

COURSE DESCRIPTION

Leading with Emotional Intelligence (EQ) virtual training is designed to introduce leaders to the fundamental concepts, competencies, and strategies related to emotional intelligence, and how using those strategies effectively in their workplace improves their leadership ability.

In this course, you will acquire knowledge and basic skills related to self-awareness, self-management, social awareness and relationship management. Developing and practicing these emotional intelligence skills will make you a more successful leader and support our promise to provide quality health care with a personal touch

COURSE OBJECTIVES

Upon completion of this course, you will be able to:

- 1. Summarize the four core EQ skills and their impact on both job/education performance and satisfaction.
- Identify 2-3 EQ strategies that would be most useful for you back on the job based on your Emotional Intelligence Assessment, your IDP goals, and the work we do in class.
- 3. Identify an EQ mentor who can help you develop a specific EQ skill.
- Recognize the connection between EQ and EID to model the KP Equity Principles: Inclusion, Accountability and Advocacy

DATES (Choose one course date)

- Thur., March 7, 2024; 9:00am 12:00pm
- Fri., June 7, 2024; 9:00am 12:00pm
- Thur., Sept 26, 2024; 1:00pm 4:00pm
- Fri., Dec 6, 2024; 9:00am 12:00pm

LOCATION

Virtual - Details to be included with confirmation.

CERTIFIED TRAINERS

Lori Evers, OD Leader Gayle Estep, Program Lead Krysha Harrington, LD Practice Specialist KP Leadership University Faculty

CONTINUING EDUCATION UNITS

This course has been provider approved by the California Board of Registered Nursing, Provider Number CEP 2365, for 3.6 contact hours.

QUESTIONS

Please contact KPLU-NCAL@kp.org

REGISTRATION

- Log on to KP Learn Website: <u>https://learn.kp.org</u>
- Search in Learning Catalog using Course ID: LDR:NC LD 60054 EI EQ

REFUND POLICY

There is no fee for this course, but space is limited and reserved on a first-come, first-serve basis.

Out of consideration for other participants, please cancel your registration at least 48hrs before course date.