

Foundations of Evidence-Based Practice (EBP) Workshop

In partnership with the UCSF Leadership Institute, the KP Scholars Academy is excited to offer the Foundations of Evidence-Based Practice (EBP) Workshop for frontline care providers. This 3-day workshop engages participants in an innovative educational experience focused on facilitating an evidence-based approach to searching for and critically appraising a body of evidence.

The Foundations of EBP Workshop includes in-person sessions as well as some pre-work. Following completion of the workshop, participants will be able to:

- Explain how EBP plays an integral role in hospitals and health care systems.
- Examine the differences between EBP, Quality Improvement (QI), EBQI, and Research.
- Identify the seven steps of the EBP process.
- Apply the elements of a PICO(T) question as a tool to search for a body of evidence to answer a clinical question.
- Develop basic search strategies to conduct a systematic search.
- Distinguish between sources of evidence and how to utilize bibliographic databases.
- Differentiate research designs of quantitative and qualitative studies.
- Discover the process for critically appraising a body of evidence.
- Construct evidence-based recommendations through the use of evaluation and synthesis tables.



Workshop Dates & Location

- October 21-23, 2025 (KP Pleasanton)
- 4460 Hacienda Dr, Building A, (Conference Rm: 1st floor, Treasure Island 104) Pleasanton, CA, 94588

The workshop will be held in-person at the location listed above from 9:00 AM - 3:30 PM on the days listed.

This program is limited to 24 participants per workshop.

Day 1 (10/21): Focuses on EBP steps 0-2 including cultivating a culture of inquiry, identifying the problem, and searching the literature.

Day 2 (10/22): Focuses on EBP step 3, part 1 by guiding participants through critical appraisal of the evidence, including distinguishing between quantitative and qualitative research designs and its correlating levels of evidence.

Day 3 (10/23): Focuses on EBP step 3, part 2 by evaluating the 3 criteria for assessing the quality of the evidence: validity, reliability, and applicability, in addition to the use of evaluation and synthesis tables.

Scan the QR code to apply!

Application Deadline: August 29, 2025

For questions about this program, contact leadershipinstitute@ucsf.edu or kpursescholars@kp.org.

nursingexcellence.ucsf.edu/ebp-programs

