

CNOR Prep and Review Course

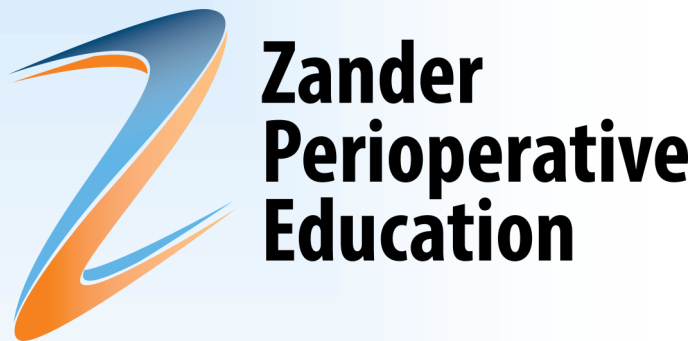
This two day course is designed to prepare perioperative nurses to take the CNOR exam and to demonstrate clinical competence and knowledge of practice standards.

Course Benefits:

The one thing that we are most proud to deliver as a part of this class is our personalized study plan. You'll leave this class having learned exactly how the writers of the exam go about creating the questions, where they go to source their information, and how you personally can best use that knowledge to study. In addition, you'll have taken seven tests over the two days of class that reflect the content and style of the exam to better give you a feel for what it's like to apply these skills in practice. After you attend, you'll have access to a recording of the class for 120 days and an additional 200 practice questions to help you prepare for the exam. If at any point you need any more help, do not hesitate to call or email!

The CNOR exam is a perioperative exam, covering preoperative, intraoperative, and postoperative nursing. Since many nurses specialize in only one of these areas, it is vital to understand the rationale behind the entire perioperative nursing process from start to finish. We will discuss several topics over the two days of class; all aspects of sterilization the safe administration of anesthesia, the nurse's role as a patient advocate, and the professional nurse's responsibilities both ethical and legal, all from the perspective of the perioperative nurse. The discussion of each topic that we present is carefully and consistently tailored to reflect the most up to date version of the exam. This class will help you develop not only the understanding that you will need to pass the exam, but also develop confidence and clinical competence in your own nursing practice.

This nursing continuing professional development activity was approved by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Zander Perioperative Education

239 Bradford Hill Rd
Mills River, NC 28759

Phone: 803-271-0744
E-mail: wendy@periop-ed.com

After you attend, you'll receive 120 days of access to a recording of the class, an invitation to our virtual study group, and 200 practice questions to help you prepare for the exam. If you need anything else along the way, don't hesitate to call or email!
Wendy Zander.



Presenter: Katie Thomas RN, BSN, CNOR

CNOR Exam Prep and Review Course

Kaiser Permanente Sacramento
Medical Center

September 12th-13th, 2026
16.0 contact hours provided



Professional Development for Perioperative Nurses

Day 1 September 12th, 2026

8:00 - 9:20	Test Taking Strategies
9:20 - 9:50	Study Plan
9:50 - 10:05	Break
10:05 - 11:15	Sterile Processing
11:15 - 11:55	Surgical Field
11:55 - 12:25	Operative Suite
12:25 - 12:55	Lunch on your own
12:55 - 2:05	Regulatory Compliance
2:05 - 3:05	Legal integrity
3:05 - 3:15	Break
3:15 - 4:30	Safe use of Equipment

Day 2 September 13th, 2026

8:00 - 9:00	Patient Safety
9:00 - 10:40	Preparing for Anesthesia
10:40 - 10:50	Break
10:50 - 12:25	Pharmacology
12:25 - 12:55	Lunch on your own
12:55 - 1:55	Administration of Anesthesia
1:55 - 3:05	Complications
3:05 - 3:15	Break
3:15 - 4:15	Surgical Emergencies
4:15 - 5:25	Trauma Surgery

Free parking is available in the adjacent lot. The conference room is located in the basement, next to the cafeteria.

This is an interactive course. You will complete six modules and take seven practice tests over the two days.

After class, you will receive 16.0 ANCC approved contact hours and access to a recording of class for two months.

All required hand outs will be provided during class. It is not required for class but I recommend access to a good text book and the AORN Recommended Standards of practice aid your study.

You will learn during class how to focus your study and improve your areas of opportunity. I recommend you schedule your exam the month following The CNOR Prep and Review Course.



Kaiser Permanente Sacramento Medical Center
2025 Morse Avenue Sacramento, CA 95825

REGISTER:

online at: www.periop-ed.com

Or detach and mail this form with payment to:
Zander Perioperative Education
239 Bradford Hill Rd
Mills River, NC 28759

Name

E-mail address

Phone

FEES AND DEADLINES:

Early Registration fee received by Aug 12 is \$295

Regular Registration Fee Aug 13-Sept 5 is \$320

Please make checks payable to:
Zander Perioperative Education

REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Wendy Zander MSN/ED, RN, CNOR
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803-271-0744

Sacramento, CA September 12th-13th, 2026